I Fall and Then I Rise Again

Michael East (1585-1620)

Soprano

Alto

Tenor I

Tenor II

Bass

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I Fall and Then I Rise Again — 2

fall and then I rise again aloft, I sing and sigh, and
then I rise again aloft, I sing and sigh, I sing and sigh, and
again aloft, I sing and sigh, I sing and sigh, and
again aloft, I sing and sigh, and
gain aloft, I sing and sigh, and
all and then I rise again aloft, I sing and sigh, and
then I rise again aloft, I sing and sigh, I sing and sigh, and
again aloft, I sing and sigh, and
again aloft, I sing and sigh, and
again aloft, I sing and sigh, and

all within astound, I slept on stones, although my
all within astound, I slept on stones, although my
all within astound, I slept on stones, although my
all within astound, I slept on stones, although my
all within astound, I slept on stones, although my
all within astound, I slept on stones, although my
I Fall and Then I Rise Again — 3

bed be soft, I slept on stones, although my bed be

bed be soft, I slept on stones, although my bed be

bed be soft, I slept on stones, although my bed be

bed be soft, although my bed be

bed be soft, although my bed be

bed be soft, although my bed be

soft, I climb full high, I climb full high, I climb full high, then tumble to the

soft, I climb full high, I climb full high, I climb full high, then tumble to the

soft, I climb full high, I climb full high, I climb full high, then tumble to the

soft, I climb full high, I climb full high, I climb full high, then tumble to the

soft, I climb full high, I climb full high, I climb full high, then tumble to the

soft, I climb full high, I climb full high, I climb full high, then tumble to the

soft, I climb full high, I climb full high, I climb full high, then tumble to the

soft,
I Fall and Then I Rise Again — 4

I climb full high, I climb full high, I climb full high, then tumble to the ground, then tumble to the ground, then tumble to the ground, then tumble to the ground.

I fall and then I rise again...
I Fall and Then I Rise Again — 5

tumble to the ground, thus my poor heart with Cupid’s
tumble to the ground, thus my poor heart with Cupid’s
to the ground, thus my poor heart with Cupid’s
then tumble to the ground, thus my poor heart with Cupid’s
tumble to the ground, thus my poor heart with Cupid’s
dart sore wounded, doth tire itself, doth dire itself, and thus sweet
dart sore wounded, doth tire itself, doth dire itself,
dart sore wounded, doth tire itself, doth dire itself,
dart sore wounded, doth tire itself, doth dire itself, doth dire itself,
dart sore wounded, doth tire itself, doth dire itself, and
dart sore wounded, doth tire itself, doth dire itself, and
love is found - ed, and thus sweet love is found - ed, and thus sweet

and thus sweet love is found - ed, is found - ed, and thus sweet love is found -

and thus sweet love is found - ed, is found - ed, and thus sweet love is

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